



The Church of Scotland

Toast and Marmalade

an invitation to focus on labour exploitation and our own role in tackling it

This simple resource for Fairtrade Fortnight – or beyond – is to support Fiona Kendall our Mission Partner, and her work with Mediterranean Hope’s Migrant Programme in Calabria. It offers material for a Sunday service, discussion groups and after church refreshments based on why we should support the purchase of Fairtrade oranges.

Overview

Fairtrade Fortnight presents an opportunity for all of us to consider the impact of unfair practices on creation and society. It invites us to become better informed and to take direct action through the choices we make and the action we take.

“Toast and Marmalade” is a small collection of resources which can be used by congregations to support a focus on fair trade issues during a service or in a discussion group.

The prayers, reading and points to ponder are designed to engage people in different ways and to stimulate individual and collective action and reflection.

What can you do?

Exploitative practices are highly prevalent in the agricultural sector, particularly so in the harvesting of citrus fruits. The citrus season runs from October until March each year, so this is the ideal time to use toast and marmalade as a way to focus attention on this significant – yet invisible – issue. Here are a few practical suggestions:

- Use the Toast and Marmalade resources in your Church service – you can pick and mix – using what you wish from the resource sheet.
- After your service or at your discussion group have a supply of toast and marmalade to hand for people to sample and enjoy. (we encourage you to try to find some homemade or Fairtrade marmalade)
- Using the resources make – and toast – bread together as you discuss
- Using the resources make – and enjoy – marmalade together as you discuss
- Sell your products to raise funds for Fairtrade initiatives – tell people why you are doing this.

Who can you support?

For some years, the Church of Scotland has partnered with the Federation of Protestant Churches in Italy (FCEI). FCEI, through its Mediterranean Hope programme, works directly with people trapped in the chain of exploitation in Calabria. Having built trust through a range of social initiatives, Mediterranean Hope has now opened a social hostel providing decent accommodation to workers who would otherwise be forced to live in inhumane conditions. By helping to expand the market for cooperatives such as SOS Rosarno, which abide by a code



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of ethics, FCEI is also seeking to challenge systemic exploitative practices. For further information about this work, please contact mission partner fiona.kendall@feci.it.

To donate proceeds of 'Toast and Marmalade' Sunday to Mediterranean Hope, please send congregational donations in the usual way to Church of Scotland referencing the work of Fiona Kendall (Mission partner) and Mediterranean Hope.

Further reading:

[Fairtrade Fortnight - Fairtrade Foundation](#)
[End Labour Exploitation](#)