

YOUR VOICE YOUR CHOICE

10K GIVE AWAY

ARE YOU A COMMUNITY GROUP IN DUNDEE WITH LOCAL GOVERNANCE? DO YOU HAVE AN IDEA THAT WILL ADDRESS **LONELINESS AND/OR SOCIAL ISOLATION** IN YOUR COMMUNITY?

DO YOU NEED **£500 - £2000** TO PUT YOUR IDEA INTO ACTION?

IF YOUR ANSWER IS **YES** THEN PARTICIPATORY BUDGETING IS THE OPPORTUNITY FOR YOU TO MAKE YOUR PROJECT HAPPEN!



DEADLINE FOR APPLICATIONS IS
FRIDAY 12TH APRIL 2019

IF YOU NEED INFORMATION OR ASSISTANCE WITH THE APPLICATION PLEASE CONTACT MATTHEW on **01382 612549** OR EMAIL **dundee pb2019@gmail.com**

The Scottish Government have set aside £10,000 for locally based community groups and want to put YOU in control of how it is spent.

What is Social Isolation and Loneliness?

Social isolation and loneliness are distinct concepts.

Social isolation refers to the quality and quantity of the social relationships a person has at individual, group, community and societal levels.

Loneliness is a subjective feeling experienced when there is a difference between an individual's felt and ideal levels of social relationships.

Social isolation and loneliness are not necessarily linked, as people who are socially connected can feel lonely and socially isolated people may not feel Lonely.

Teuton, J. (2018). *Social isolation and loneliness in Scotland: a review of prevalence and trends*. [online] Healthscotland.scot. Available at: <http://www.healthscotland.scot/media/1712/social-isolation-and-loneliness-in-scotland-a-review-of-prevalence-and-trends.pdf>.

Who can apply?

You must be able to answer YES to the following;

- Are you a constituted Dundee based group with local governance?
- Does your group have a bank account?
- Do you have an idea to address social isolation and/or loneliness?
- Can you show your idea has had involvement from the local community?

What can you apply for?

- A project or activity that will address social isolation and/or loneliness
- A new project or activity- or a clear development of a current project or activity

If you are applying for staff costs you must already have a payroll system in place.

How do you apply?

To apply for the funding, you must complete and return this form by **Friday 14th of April**.

If your idea meets the criteria you will be invited to an event on Tuesday 30th April from 1pm -3.30pm. Please ensure a representative can attend on this date when submitting your application.

The Event

The event will be held at Coldside Parish Church. At the event you will be expected to present a two-minute talk on your idea (presentation software should not be used).

We encourage project participants, volunteers, friends and the community to attend the event and to vote on how the funds should be distributed. *(If your group have any barriers to attending the event please let us know.)* Everybody will have multiple votes and must use each vote on a separate project to encourage deeper engagement with the process. The votes will be counted on the day and the successful participants will be announced!

Refreshments and Cake will be supplied at the event and the building is fully wheelchair accessible.

Your Voice Your Choice



Name of organisation:

Your full name:

Contact Address:

Postcode:

Telephone Number:

Alternative contact name:

Email:

Telephone Number:

Email:

What is the name of your project/idea?

Briefly describe your organisation?

How would you use the funding you have applied for? (This will be used to describe your project on the voting form- 150 words max)

How will this address loneliness and/or social isolation?

How has your community been involved in the development of your idea?

How many people do you think will benefit from your project (as accurately as you can estimate)

How much money do you require and what will you spend it on?

Please give a breakdown of the costs of your project and when you expect to spend the money by. For example: equipment costs, running costs, staff time.

Please indicate the expected start and end date of the project

Please detail any other funding sources if they have been confirmed

Please return this form via email to dundeepb2019@gmail.com



The Church of Scotland
Church and Society Council



Scottish Government
Riaghaltas na h-Alba
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